

Choice box.
Clap your hands.



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2 to 4 people - 15 minutes.

Appoint someone to be the game leader.

He/she claps a rhythm.

The other claps the rhythm.

Vary the speed and combination by clapping a different rhythm each time.

Also switch.

You can also clap your legs or both.



Extra: Can you clap a song, practice multiplication or spell words while clapping?
Instead of clapping, try stomping.